



MK Lakeside Runners Annual General Meeting

MINUTES

Date of meeting: Friday 19th May 2023

Location: MK Village Hall, 7pm

Attachments: 2022 AGM Minutes, Updated constitution, Member Survey Results

AGENDA

	Item	Lead
1	<p>Welcome and Apologies</p> <p>Attendees: Val Hall, Rachel Toresen-Owuor, Becky Woodgate, Norman Baker, Simon Stimpson, Katrina Douglas, David Hall, Laurie Mills, Linda Robinson, Bryan White, Helen Rojczyk, Alex Stobbs, Jamie Cosher, David Lewis, Laura Osgathorpe,</p> <p>Apologies from: Kevin Kemp, Linda Cassidy Gordon, Mandy Marshall, Mick O’Sullivan, Jane Wilson, Neil Briggs, Deborah Cottingham, David Stobbs, Gail Lock, Carol Auvache, Andy Colley, Gemma Baker, Gillian Morris, Colin Mills</p>	Kevin
2	<p>Approval of minutes of 2022 AGM</p> <p>Minutes approved.</p>	Rachel
3	<p>Club Secretary Report</p> <p>See attached report – report accepted.</p>	Rachel
4	<p>Club Treasurer Report</p> <p>See attached report – report accepted.</p>	Simon
5	<p>Chair Report</p> <p>Message from Kevin read out by Val. Gift from Committee to Kevin as outgoing chair.</p>	Val
6	<p>Election of the Committee</p> <p>This year committee nominations in the table below. All nominated members elected. Welcome to the new and returning committee members. Social Secretary post remains vacant – encourage all members to suggest events to the Committee.</p>	Val

7	<p>Constitution Update and Member vote</p> <p>Constitution adopted. All Members voted to adopt. Constitution signed by Val and David as Chair and Vice Chair.</p>	Val
8	<p>Member Survey Feedback – open discussion</p> <p>See attached member survey summary</p> <p>Suggestions:</p> <ul style="list-style-type: none"> - Weekend longer distance training, members have left if there are no weekend options. - More structured weekend training – scheduling and leaders - Reflection that post-covid, new members not joining to replace leavers - Cost of living – impacting on race entries, and then few people training - Make more of the Parks and Run – 1st Sundays of the month - Website – committee priority - Social prescribing – Laura O to speak to committee - Locations and parking costs - £250 pa on parking at Willen - Parking and run routes – Willen Pavilion. Toilet facilities. - Priority for next committee meeting. - Technical sessions – put the session on the weekly post. - Leaders – advertise and promote the role. Norman to post about leaders. Feedback is that people are worried about route planning. - Run Go – MK 6Pack for download. - Kit – facebook post on how to order. - Track Sessions – booked for rest of calendar year. Timeslot for session, too late for many members. - <p>ACTIONS:</p>	ALL
9	<p>Additional Matters Raised by Members</p> <p>BBQ – will this be on this year? August date is not a good weekend as most away for summer. Committee had discussed a summer social at a pub. Emberton Park as a possible location? Committee to discuss at next meeting.</p> <p>AGM – attendance for lapsed members, could they attend? Yes – this needs to be made much clearer in the posts and the agenda and website.</p>	ALL
10	<p>Provisional date for 2024 AGM and meeting close</p> <p>Friday 17th May 2024</p>	Rachel

Committee Role	Nominee	Nominated By	Seconded By
Chair	Val Hall	Becky Woodgate	Rachel Toresen-Owuor
Vice Chair	David Lewis	Jo Ellis	Linda Robinson
Treasurer	Simon Stimpson	Caroline Ford	Kate Osborn
Secretary	Rachel Toresen-Owuor	Norman Baker	Becky Woodgate
Membership Secretary	Becky Woodgate	Rachel Toresen-Owuor	Norman Baker
Social Secretary			
Social Media /Normal Member	Linda Robinson	Val Hall	Simon Stimpson
Normal Member	Katrina Douglas	Simon Stimpson	Becky Woodgate
Head Coach	Norman Baker	N/A	N/A
Welfare Officer 1	Laurie Mills	N/A	N/A
Welfare Officer 2	Richard Tearle	N/A	N/A